

OMNI® RESORTS

la costa

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RESORT FACT SHEET

Established: 1965

Location: Spanning 400 rolling acres in the coastal foothills of Carlsbad, Omni La Costa Resort & Spa is 30 minutes north of San Diego's downtown and 90 minutes south of Los Angeles.

Description: California's original destination for Mind, Body + Sport, Omni La Costa Resort & Spa offers an escape from the everyday. Originally created as a playground for celebrities and athletes with every amenity imaginable, Omni La Costa is a playground for all ages.

The Spanish Mission-style property boasts 607 guestrooms and suites, an adults-only pool, the Coastal Events Center, 110,000 square feet of meeting and event space, an Athletic Club, exhilarating waterslides and two recently updated golf courses, the Champions Course and Legends Course.

The 43,000-square-foot Spa at La Costa includes a private pool, waterfall showers, café and therapeutic reflexology path. Acclaimed restaurants – BlueFire Grill and Bistro 65 – present an updated take on local cuisine, including dishes inspired by the resort's own colony of honey bees.

Also home to Premier Fitness and the worldwide headquarters of The Chopra Center, Omni La Costa Resort & Spa offers continually evolving health and wellness programming as part of LiveWell La Costa.

Accommodations: Omni La Costa Resort & Spa offers 607 spacious and well-appointed guest rooms, suites and villas surrounded by picturesque gardens and manicured grounds. Many guest rooms feature private patios or balconies, bringing the outdoors into the guest room experience.

La Costa Suites

There are 57 La Costa Suites
Approximately 660 sq ft
Sleeps 2 people

Family Suites

There are 28 Family Suites
1,142 sq ft
Sleeps 4-6 people

Two-Bedroom Villa Suites

There are 25 two bedroom Villa Suites
1,600 sq feet
Sleeps 4-6 people

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Three-Bedroom Villa Suites

There are 8 three-bedroom Villa Suites
2,200 sq feet
Sleeps 6-8 people

One-Bedroom Villa Suites

There are 21 one-bedroom Villa Suites
1,000 sq feet
Sleeps 2-4 people

Room Amenities:

- Cable TV
- In-room safe
- Wireless internet
- Bathrobes
- Hair dryer
- Mini bar
- Daily Newspaper
- Coffee and tea provided (with coffeemaker)
- 24-hour room service
- Ironing board
- Air conditioning
- Business Center

Dining:

Under the direction of Executive Chef Marc Therrien, dining at Omni La Costa ranges from light fare to California casual, with award-winning cuisine and lovely indoor or outdoor seating. Room service is also available. A full list of culinary events can be found on the website.

Celebrating the arrival of Omni La Costa's honey bees in summer 2013, honey-infused dishes and cocktails have been introduced at dining venues throughout the resort.

- **BlueFire Grill** boasts a large, outdoor seating area overlooking the plaza. Designed by the renowned Puccini Restaurant Group of San Francisco, BlueFire Grill serves flavorful, Southern California fare that takes full advantage of local fresh seafood and seasonal vegetables. Savory meats, inspiring desserts and an extensive wine list are also featured. Live music can be enjoyed in the lounge or on the patio. (Schedule changes seasonally)
- **Bistro 65** is the breakfast/ lunch/ dinner restaurant. The menus reflect the resort's "LiveWell" mindset, offering fresh and healthful options, including ayurvedic dishes approved by the on-property Chopra Center for Wellbeing. Bistro 65 is a great choice for families, with beautiful views of the golf course, and the option to dine indoors or out. A wine bar with seating and a private room are both options for larger parties and special occasions.
- **Diversions**, the lobby lounge, is a hub of news updates and connectivity by day and a sport center by night, featuring large screen televisions, specialty cocktails and beers and signature menu favorites. Diversions cascades into the outdoors with terraces that overlook the EDGE Adult Pool and legendary golf courses.
- **Splash Poolside Bar & Café** features grilled foods, wraps, salads and other light fare served poolside. Smoothies, ice cream and frozen drinks also offered.

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- **Garden Poolside Bar & Café** is geared toward a more adult experience with a menu of specialty drinks and grilled and fresh foods. Open seasonally.

Spa:

The **Spa at La Costa** is the *first-ever* resort spa in the U.S. and recognized as the #1 Wellness Spa in the Nation (*Spa Magazine*). It is a picturesque Spanish-colonial style haven from the everyday. It offers 28,000 square feet of indoor space and a 15,000-square-foot outdoor courtyard.

Enjoy a relaxing massage or soothing facial in one of the Spa's 42 treatment rooms. Romantic side-by-side massages with champagne and chocolate covered strawberries are available in one of the VIP suites for couples. Treatment options include an array of exotic massages, facials, body wraps and new clinical treatments.

The centerpiece of the Spa at Omni La Costa is a scenic **Spa Courtyard**, which allows spa guests to turn their treatment into a day of relaxation. The courtyard offers a tranquil Spa pool, Jacuzzi, al fresco Waterfall Shower, lounging areas, a Spa Café, Reflexology Path and herb garden.

The **Reflexology Path** consists of smooth beach stones embedded in concrete, laid in a specific pattern to provide stimulation to the feet. Walking along these poignantly placed stones provides gentle, yet deep-working therapy while stimulating pressure points that aide physical and mental well-being. The Spa at Omni La Costa's Reflexology Path is one of only a few that exists in the United States.

The **herb garden** grows everything from Thai basil to lemon thyme, onion chives to spearmint, and sweet Italian large leaf basil, and largely informs the dishes made at the Spa Café and treatments featured at The Spa at Omni La Costa.

The **Salon at La Costa** is a full-service salon that mirrors the spa philosophy with its commitment to the elements of nature. Omni La Costa has partnered with local Carlsbad hair care company, Eufora, to provide guests with all natural products reflecting the themes of nature. The Salon at La Costa also features a complete menu of a la carte items from hairstyling, color and conditioning treatments to a full array of manicure and pedicure services as well as bridal and special event salon needs.

The world-renowned **Chopra Center for Wellbeing** complements the spa. Based on ayurvedic principles, it offers leading-edge programs, services and products for those seeking mind/body healing and transformation.

Fitness:

Omni La Costa's 8,825 square-foot **Athletic Club** is home to the latest model exerices equipment. Located in the resort's 160,000-square-foot Clubhouse, the Athletic Club offers 52 group fitness classes weekly, as well as fitness assessments and personal training. The effective exercise and healthy eating techniques can be integrated into the guest's lifestyle, and includes consultations with registered dieticians and exercise physiologists.

Five-star weight loss and fitness boot camp **Premier Fitness** brings Omni La Costa's fitness offerings to the next level. The partnership provides a fitness camp designed to create lasting behavioral change and delivers weight loss results by teaching and implementing sustainable lifestyle choices. Guests participate in this program for one week to three months, with the average stay being three weeks.

A state-of-the-art **Sport Court** provides families and sports enthusiasts with a place to play basketball, volleyball, pickle ball, badminton and more.

Golf:

Restoring the character of an iconic golf venue, the 36-hole golf course renovation at Omni La Costa has created two distinctive experiences that reflect the resort's rich golf tradition. The Champions Course, completed in November 2011, and the Legends Course, unveiled in November 2013, both embrace the integrity of the original Dick Wilson design while recapturing the property's timeless appeal. The new courses are a result of innovative work by Pascuzzo & Pate Golf Course Design, who not only have added length, but enhanced its strategic values.

Enhancing the functionality of Omni La Costa's golf courses is a new "CourseApp," created by Best Approach that features animated flyovers, a GPS range finder with a yardage guide and an option to book tee times.

Tennis:

Omni La Costa Tennis Club has 17 tennis courts and two playing surfaces – clay (four) and hard court (13). There are seven lighted courts for night play. The Omni La Costa Tennis Club is managed by Cliff Drysdale Tennis.

The Tennis Club offers clinics, lessons, daily workouts and a fully outfitted tennis shop with the latest apparel and equipment. The Club also has an intensive youth instruction program for junior players of all levels and ages.

The resort currently hosts the annual Mercury Insurance Women's Professional Tennis Open.

Pools:

EDGE Adult Pool + Cocktails, the adult-only pool and cocktail venue features a sophisticated ambience, dedicated café, signature cocktails, infinity-edge Jacuzzis and fire pits with cozy seating. Elegant touches such as sleek lines, mosaic tiles and soft green and aqua colors give a modern, yet relaxing vibe. Private cabanas and comfy lounge chairs offer panoramic views of the lush and newly re-designed golf course.

Splash Landing is the highlight water feature for kids and families. A Jacuzzi, the Resort Pool, a Sandy Beach Pool for toddlers, water play zone and three slides offer a full day of enjoyment. Private pool cabanas with sliding curtains for complete privacy, chaise lounge chairs, unlimited access to high-speed Internet, food and beverage service from Splash Café and a dining table with chairs make a day at Splash Landing complete.

The **Garden Pool** complex is geared toward a more serene experience. The peaceful reprieve offers two pools, two Jacuzzis, the Garden Bar and Café, and a grassy area for croquet.

Additional pools and Jacuzzis can be found scattered among guest rooms and villas.

Children's Program:

The children of Omni La Costa guests can enjoy the kids' club **Kidtopia** and teen lounge **Vibz**. Kidtopia offers interactive, supervised fun for youngsters ages six months to 12 years and Vibz gives the hard-to-please teen and "tween" crowd (up to 16 years) a "pay for play" gaming area with X-Box 360® stations, driving games, pinball, billiards table, ping pong and air hockey.

Kidtopia is open seven days a week from 9 a.m. to 4 p.m. with **Night Camp** sessions offered on Fridays and Saturdays from 6 p.m. to 10 p.m. Vibz is open seven days a week from 10 a.m. to 9 p.m.

Upon arrival at Omni La Costa, kids receive a VIK (Very Important Kid) check-in goody bag, while their older siblings can check out Teenz Happy Hour in Vibz on Fridays from 5-6 p.m.

Family-Friendly Amenities:

- Rollaway beds, available upon request
- Rental strollers, available upon request
- Baby-proofing (outlet protectors)
- Diaper Genie & baby amenities
- Full size crib with bedding
- Pak'n Play with bedding - Can be set up in room or at pool upon request
- High Chairs
- Bed rails for beds
- Special summer camp events, including Golf Camp, Tennis Camp, Surf Camp, Fitness Boot Camp
- Arrival goody bag, for all children
- The Healthy Kids children's menu, available for restaurant and in-room dining
- Babysitting service referrals, available through the concierge
- Swim lessons upon request
- Craft class Saturday and Sunday at 11:00am (everyday during Summer season)

Meetings and Events:

Omni La Costa is one of the largest coastal golf and meeting resorts in Southern California, featuring approximately 110,000 square feet of flexible indoor and outdoor meeting and banquet space on a 400-acre campus.

The resort boasts two facilities: the **Coastal Events Center** and the Costa Del Sol Ballroom. These facilities provide 50,000 square feet of indoor space and feature sophisticated on-site audiovisual capabilities. Vista Terrace offers a beautiful outdoor venue of 50,000 square feet with panoramic views of the golf courses and foothills.

The Meeting Planners' Suites are four spacious guest suites that have been transformed into connecting live/work space conveniently located near the Coastal Events Center. In addition to newly redesigned living quarters, an attached room can be used for office space, meeting preparations, small group sessions and additional space for operations. This perk will serve as additional incentive when booking group meetings and events on property.

The Valley Promenade and the Legends Lawn, two outdoor function venues, provide premier space with dramatic views of the scenic rolling hills. There are also verandas and poolside patios for outdoor events and team building. The resort's dedicated Conference Services Team assists planners to create flawless meetings.

The meeting and event space also offers digital touchscreen way finding applications created by PSAV® Presentation Services to better serve meeting guests. The interactive screens are available throughout the meeting spaces

and include key information such as property maps, group meeting schedules, group itineraries and flight information. Guests will also have the option to download a mobile app to their smart phone to access La Costa's way finding application.

In partnership with the Chopra Center for Wellbeing, La Costa unveiled the **Workplace Wellbeing** program in September 2012. Groups of all sizes at Omni La Costa have the chance to participate in a breakthrough set of teachings, customized by the renowned Dr. Deepak Chopra. The curriculum of specialized programs teaches groups how to implement important aspects of daily wellness into both the workplace and their personal lives.

Weddings:

Omni La Costa Resort & Spa's banquet facilities can accommodate wedding parties of 50-550, with plenty of appealing settings to choose from, both indoors and out. The resort's staff is accomplished at creating once-in-a-lifetime events.

Climate:

Carlsbad, California enjoys year-round sunny, warm weather with average temperatures in the 70s.

Area Attractions:

The San Diego area boasts a myriad of attractions, including:

- Legoland California
- Birch Aquarium
- World-Famous San Diego Zoo
- San Diego Wild Animal Park
- SeaWorld Adventure Park
- Carlsbad, Village by the Sea
- Old Town, San Diego
- Seaport Village
- Winery of Temecula

Management:

Larry Magor, Managing Director
Patsy Bock, Director of Sales & Marketing
Michelle Frye, Spa Director
Pat Miller, Director of Golf
Marc Therrien, Executive Chef

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