

# GOLF & BODY — NYC —

**Golf & Body NYC's Top Instructors Honored By Golf Digest**  
*Darrell Kestner, Ron McDougal, and Eden Foster named to  
magazine's newest lists of top teachers*



Darrell Kestner & Ron McDougal

**New York, NY (October 8, 2013)...** Golf & Body NYC—the private club in Manhattan that offers golfers the ultimate setting for enhancing their performance—has three lead instructors honored by *Golf Digest* in its November issue.

G&B NYC's director of golf, Darrell Kestner, is named one of the "50 Best Teachers in America 2013-14." Also, head golf professional Ron McDougal and instructor Eden Foster make the list of "Best Teachers in New York State."

Along with his duties at G&B NYC, Kestner has been director of golf at Deepdale Golf Club in Manhasset, New York, since 1990. He has played in 18 major championships and 11 senior majors. Locally, he has won three Met Opens, five Met PGA Championships, two New York State Opens, and four Long Island PGA Championships. He also has been previously named to *Golf Digest's* list of Top 50 Instructors in America and is one of *Golf Magazine's* Top 100 Teachers.

McDougal worked at a number of leading local clubs—including Old Westbury, Hollywood, Liberty National, and Century—before coming to G&BNYC full-time to run the golf operations in his dual role of head golf professional and director of golf services. He has been a regular on *Golf Digest's* “best in state” lists and has been frequently featured giving instruction on Golf Channel. He also has won the National Club Professional Championship and the New York State Open. This year he competed in the PGA Seniors Championship at Bellerive Country Club and was champion in the Metropolitan Section Senior Pro-Pro team championship.

The head golf professional at The Maidstone Club in East Hampton, New York, and Calusa Pines in Naples, Florida, Foster is a long-time *Golf Magazine* Top 100 Teacher. Among his current and former students are a number of PGA Tour pros, junior and college golfers, and many amateurs.

Not only is Golf & Body NYC unique in its ability to help members get the most from their bodies and their golf games, but as *Golf Digest* can attest, it is unmatched in the quality of its instruction staff.

For information on G&BNYC membership, which grants exclusive access to this unequalled staff of instructors, contact Jeannine Harrington, general manager at 212/244-2626 or access the web site at [www.golfbodnyc.com](http://www.golfbodnyc.com).

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**Media Contact:**

Karen Moraghan

Hunter Public Relations

[kmoraghan@hunter-pr.com](mailto:kmoraghan@hunter-pr.com)

908/876-5100